



NETWORKS

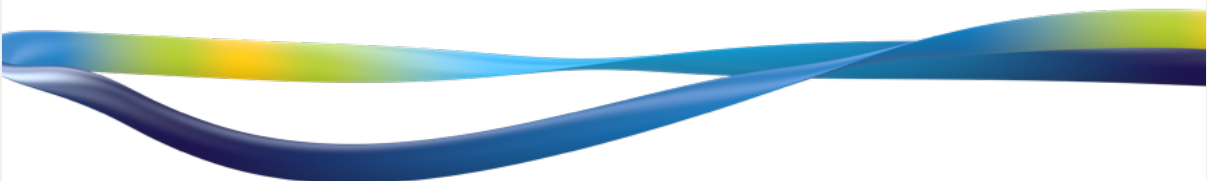
# Is This a Good Time?



## Easy tips to take control of your electricity use

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Many of us get used to the way we live in our homes over time. Which means we never really give much thought to whether we're being as efficient as we could be when it comes to how we're using electricity. Let's recap on some of our top tips for taking control of your electricity usage without having to make wholesale changes to your behaviour, lifestyle – or comfort.



## How do we use electricity?



Check the bulbs you have installed in all your light fittings. By replacing older incandescent light bulbs with LEDs, you can reduce electricity used on lighting by up to 90%! Plus, LEDs can last up to 25 times longer than traditional bulbs.



To make sure you're making the most of the electricity you use when washing dishes and cleaning clothes, hold off running your dishwasher or washing machine until you have a full load.

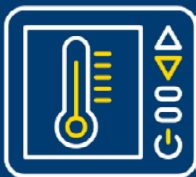


Household appliances use a lot of electricity to heat water or air. To avoid unnecessary electricity consumption, air dry your clothes after washing where possible rather than using a tumble drier.



By using your appliances outside of peak times (5-7pm) you can avoid using high-demand electricity and increase the likelihood of powering your appliances with electricity from renewable sources (i.e., wind and solar).

## Appliance of Science



We've mentioned energy ratings in previous emails, it's worth pointing out all modern appliances have an energy rating that tells you exactly how much electricity you can expect them to use. If you're looking to purchase a new device, consider this when deciding what to buy as more efficient devices use less electricity over their lifespan.



Regardless of the energy rating of your appliance, there are things you can do to take control of your electricity consumption. For instance, a washing machine uses up to 90% of its electricity just heating water to soak your clothes. By washing on a cooler temperature, you can reduce electricity consumption and stop your clothes from shrinking or fading in the wash. Most modern detergents can easily handle stains at cooler temperatures anyway, so look to wash at 30 degrees or lower if you can.



## The journey to a clean electric future

As you can see, there are lots of small things we can all do in our own homes to help take control of our electricity usage, shifting us away from a reliance on carbon intensive electricity towards more sustainable renewable electricity powered from wind or solar.

Keep an eye out for more tips to help you control your electricity usage coming your way soon.

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