



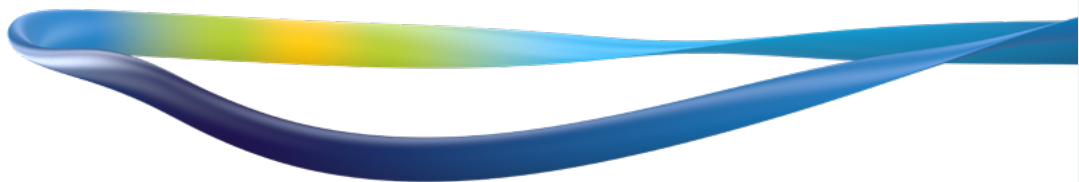
NETWORKS

Is This a Good Time?



Getting your home winter ready

This time of year, the weather can really play tricks (or treats!) on us. From freezing one minute, to warm the next, sun splitting to stones, to torrential downpours. The one thing that is inevitable is winter's on its way. And now's the time (as much as we can!) to get our homes ready for the clocks going back and the shorter days ahead. Here are a number of ways that might help you winterproof your home.





Pulling on your home's winter coat

Just as we all start to wrap up for the cold weather, your home should too. Did you know the average home can lose up to 30% of heat through poorly insulated walls and roofs and 10% through windows, doors and floors? There are some easy things you can do at home, however, to cut down on the chill.

Where to look: Take a few minutes to hunt out draughty spots in your home. Here are a few places to check if you haven't already!



If you do find a draught: Your local hardware store should be able to help and advise on some of these things!



It goes without saying, better insulation means less energy wasted trying to keep your home warm as the cold weather comes in. Insulating your home can seem like it costs a packet, but there are grants available to help cut the outlay. You can find out more about grants from SEAI for making your home more efficient [here](#).

Small changes can pay off



Here are some tips to keep in mind when thinking about draughts at home.

- Bleed your radiators (using that funny brass key) –and pull your furniture away from them to let heat escape into the room.
- Let the sun shine in! Direct sunlight shining through your windows can heat up a room.
- Why not get your household involved and create a curtain closing rota when the sun goes down to trap heat in your home.
- Did you know, a shelf above a radiator helps direct the heat into the room rather than upwards.



Have you ever seen home-made draught excluders to help keep cold air out by blocking draughts? Simply sew rolled newspapers or dried beans into an offcut of material (or even an old shirt or sock) shaped into a long sausage shape. It's perfect for blocking under door draughts! You can also find low-cost DIY window insulation kits to make your home extra toasty.

Stay tuned for more advice on how to take control of your home's electricity usage.

Yours,
ESB Networks

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